



Cotemar receives ELSSA certificate, Safe and Healthy Work Environments

April 30th of 2024.

Mexico City, Mexico.- **Grupo Cotemar** received the ELSSA certificate, Safe and Healthy Work Environments, from the Mexican Social Security Institute (IMSS).

ELSSA is a voluntary program designed for companies to adopt strategies and actions that improve the health, safety, and well-being of workers, thus increasing productivity and quality in the workplace.

Its goal is to promote the creation of Safe and Healthy Work Environments, based on ten components, of which five have a checklist for the certificate: prevention of work accidents that affect hands and ankles; prevention of musculoskeletal disorders, especially in the back; active surveillance of occupational health; prevention of occupational diseases associated with psychosocial risks, and active promotion of health and well-being at work.

By promoting safe and healthy work environments through these actions, a culture of prevention is promoted in companies that is reflected in improving the health, well-being and, therefore, the productivity of our collaborators; prevent the development of chronic-degenerative diseases, accidents in work environments, and psychosocial and ergonomic risk factors; contribute to the reduction of the demand rate for disabilities, consultations and hospitalizations; as well as the reduction of deaths related to accidents and preventable diseases.

Within the framework of the commemoration of the World Day for Safety and Health at Work (April 28th), Cotemar reiterates the promotion of healthy living conditions and habits that favorably impact the quality of life of its collaborators and their families.

###

About Cotemar, S.A. de C.V.

EXPERIENCE, EFFICIENCY, PASSION AND SOCIAL EMPATHY DEFINE US

We are a 100% Mexican company founded in 1979 that provides comprehensive solutions for offshore exploration and production (E&P), from operational support to offshore design and construction projects.

Our experience and infrastructure, unique in the Gulf of Mexico, positions us as the best option, collaborating with our clients and helping them overcome their challenges, maximizing the return on investment.

Driven by our culture of collaboration and turning challenges into great opportunities. We execute projects safely, efficiently and on time, our more than 43 years of experience support us. One stop to get it done and done right.





Visit our website: www.cotemar.com.mx Social media: <https://www.facebook.com/COTEMAR.Oficial/> / <https://twitter.com/CotemarOficial/> / <https://www.linkedin.com/company/cotemar/> / <https://vimeo.com/user52605752>

Contact: Israel Ramón Estrada Vidal irestradav@cotemar.com.mx / Cell phone 938-124-7926.

