



Cotemar once again receives the distinction as a Healthily Responsible Organization

December 5th of 2023.

Mexico City, Mexico.- **Grupo Cotemar** once again received the **Healthily Responsible Organization** distinction, now with an Expansion level, from the Workplace Wellness Council Mexico (WWCM).

The above mentioned by accrediting a level in the well-being and prevention culture, moving up a category, from being a "Sustainability" company last year, to one of an "Expansion" culture, which means that Cotemar has integrated the Mental Health and Emotional Well-being category among its more than 7,200 on land and offshore employees; the Institutional establishment of Health ambassadors through the leaders of different areas, which includes the participation of operational command lines, all areas of Human Capital, as well as teamwork In support areas such as communication.

Its health and well-being Balance Cotemar program, which promotes a culture of self-care and is focused on generating habits for the development of a healthy lifestyle inside and outside the organization, based on four pillars: nutrition, physical activity, rest, and life balance, is fundamental for this. Thanks to this program that started in 2021, Cotemar previously obtained the Healthily Responsible Company distinction from WWCM.

Workplace Wellness Council Mexico (WWCM) is a private organization focused on liaison, exchange and collaboration in health literacy and promotion of self-care. The **Healthily Responsible Organization** distinctive is awarded based on evaluations, contrast between best practices and indicators, analysis of items and assessment results; delivery and monitoring of results; generation of strategies to increase adherence to the program, and identification of areas for improvement.

With this distinctive and new level, Cotemar reaffirms its commitment to promoting healthy living habits among its employees, their families and the various interest groups with which it interacts, contributing to the comprehensive development of the communities where it operates.

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About Cotemar, S.A. de C.V.

EXPERIENCE, EFFICIENCY, PASSION AND SOCIAL EMPATHY DEFINE US

We are a 100% Mexican company founded in 1979 that provides comprehensive solutions for offshore exploration and production (E&P), from operational support to offshore design and construction projects.





Our experience and infrastructure, unique in the Gulf of Mexico, positions us as the best option, collaborating with our clients and helping them overcome their challenges, maximizing the return on investment.

Driven by our culture of collaboration and turning challenges into great opportunities. We execute projects safely, efficiently and on time, our more than 43 years of experience support us. One stop to get it done and done right.

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